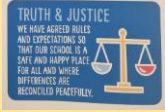

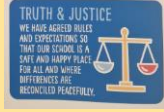





































PHSE Medium term plan Year 2:

Jigsaw Lesson/ Project evolve lesson/ Anti-racism education

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Additional
A u t u m n 1	<p>Jigsaw: Being me in my world - Lesson 1</p> <p>I can identify some of my hopes and fears for this year</p> <p>I can recognise when I feel worried and know who to ask for help</p> 	<p>Jigsaw: Being me in my world - Lesson 2:</p> <p>I understand the rights and responsibilities for being a member of my class and school, and the importance of making contributions</p> <p>I know how to help myself and others feel like we belong</p> 	<p>Jigsaw: Being me in my world lesson 3 and 4 combined:</p> <p>I listen to other people and contribute my own ideas about rewards and consequences</p> <p>I help make my class a safe and fair place</p> 	<p>Project evolve: Self image and identity, Lesson 1</p> <p>I can explain how other people may look and act differently online and offline</p> 	<p>Project evolve: Self image and identity - Lesson 2:</p> <p>I can give examples of issues online that might make someone feel sad, worried, uncomfortable or frightened; I can give examples of how they might get help.</p> 	<p>Anti-racism education: Lesson 5 - Unconscious bias:</p> <p>Understand that they might judge people based on their appearance, Understand that they should challenge their assumptions</p> <p>Understand that we can't tell what people are like from superficial characteristics.</p> 	<p>HSBC Money sense lesson 1</p>
A u t u m n 2	<p>Jigsaw - Celebrating differences Lesson 1 and lesson 2 combined</p> <p>I am starting to understand that sometimes people make assumptions about boys and girls (stereotypes)</p> <p>I understand some ways in which boys and girls are similar and feel good about this</p> <p>I understand some ways in which boys and girls are different and accept that this is OK</p> 	<p>Jigsaw - Celebrating differences lesson 3</p> <p>I understand that bullying is sometimes about difference</p> <p>I can tell you how someone who is bullied feels</p> <p>I can be kind to children who are bullied</p> 	<p>Jigsaw - Celebrating differences lesson 4</p> <p>I can recognise what is right and wrong and know how to look after myself</p> <p>I know when and how to stand up for myself and others</p> <p>I know how to get help if I am being bullied</p> 	<p>Jigsaw - Celebrating differences lesson 5</p> <p>I understand that it is OK to be different from other people and to be friends with them</p> <p>I understand we shouldn't judge people if they are different</p> <p>I know how it feels to be a friend and have a friend</p> 	<p>Project evolve - Online bullying lesson 1 and lesson 2</p> <p>I can explain what bullying is, how people may bully others and how bullying can make someone feel.</p> <p>I can explain why anyone who experiences bullying is not to blame</p> 	<p>Project evolve - Online bullying lesson 3</p> <p>I can talk about how anyone experiencing bullying can get help.</p> 	<p>NSPCC Speak out video assembly (45 mins)</p> <p>-Anti-bullying week (Jigsaw lesson 3 and on-line bullying will cover this)</p> <p>-Remembrance (Super 70)</p> <p>Road safety week (Jigsaw Healthy me Lesson 5)</p> <p>I know how to keep safe when crossing the road, and about people who can help me to stay safe</p> <p>I can recognise when I feel frightened and know who to ask for help</p>

<p>S p r i n g 1</p>	<p>Jigsaw Dreams and Goals - Lesson 1 and 2 combined I can choose a realistic goal and think about how to achieve it I can tell you things I have achieved and say how that makes me feel I carry on trying (persevering) even when I find tasks difficult I can tell you some of my strengths as a learner</p> 	<p>Jigsaw Dreams and Goals Lesson 3 and 4 combined I can recognise who I work well with and who it is more difficult for me to work with I can tell you how working with other people helps me learn I can work well in a group to create an end product I can work with other people in a group to solve problems</p> 	<p>Jigsaw Dreams and Goals - Lesson 5 and 6 combined I can explain some of the ways I worked well in my group to create the end product I can express how I felt to be working as part of this group I know how to share success with other people I know how contributing to the success of a group feels and I am able to store those feelings in my internal treasure chest (proud)</p> 	<p>Anti-racism education Lesson 6: Understand what racism and discrimination are Appreciate how hurtful racism is Empathise with the victims of racism Understand how to respond to examples of racism</p> 	<p>Anti - racism education Lesson 7: Understand why representation is important Empathise with people who may be under-represented</p> 	<p>Project evolve: Copyright and ownership I can recognise that content on the internet may belong to other people I can describe why other people's work belongs to them</p> 	
<p>S p r i n g 2</p>	<p>Jigsaw Healthy me: Lesson 1 I know what I need to keep my body healthy I am motivated to make healthy lifestyle choices</p> 	<p>Jigsaw Healthy me: Lesson 2 I can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed I can tell you when a feeling is weak and when a feeling is strong</p> 	<p>Jigsaw Healthy me - lesson 3 I understand how medicines work in my body and how important it is to use them safely I feel positive about caring for my body and keeping it healthy</p> 	<p>Jigsaw Healthy me - lesson 4 I can sort foods into the correct food groups and know which foods my body needs every day to keep me healthy I have a healthy relationship with food and know which foods I enjoy the most</p> 	<p>Jigsaw Healthy me - Lesson 5 I can make some healthy snacks and explain why they are good for my body I can express how it feels to share healthy food with my friends</p> 	<p>Project evolve - Health, wellbeing and lifestyle lesson 1 I can explain simple guidance for using technology in different environments and settings e.g. accessing online technologies in public places and the home environment.</p> 	<p>Project evolve - Health, wellbeing and lifestyle lesson 2 I can say how those rules / guides can help anyone accessing online technologies</p> 

<p>S u m m e r 1</p>	<p>Jigsaw - Relationships Lesson 1 I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate I accept that everyone's family is different and understand that most people value their family</p> 	<p>Jigsaw - Relationships Lesson 2 I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not I know which types of physical contact I like and don't like and can talk about this</p> 	<p>Jigsaw - Relationships Lesson 3 I can identify some of the things that cause conflict with my friends I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends</p> 	<p>Jigsaw - Relationships Lesson 4 I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret I know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this</p> 	<p>Project evolve - Online relationships lesson 3 I can describe different ways to ask for, give, or deny my permission online and can identify who can help me if I am not sure</p> 	<p>Project evolve - Online relationships lesson 4 I can explain why I have a right to say 'no' or 'I will have to ask someone'. I can explain who can help me if I feel under pressure to agree to something I am unsure about or don't want to do.</p> 	<p>Project evolve - online relationships lesson 7 I can explain why I should always ask a trusted adult before clicking 'yes', 'agree' or 'accept' online</p> 
<p>S u m m e r 2</p>	<p>Jigsaw Changing me Lesson 2 and 3 combined I can tell you about the natural process of growing from young to old and understand that this is not in my control I can identify people I respect who are older than me I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old I feel proud about becoming more independent</p> 	<p>Jigsaw Changing me lesson 4: I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vulva, vagina, anus) and appreciate that some parts of my body are private I can tell you what I like/don't like about being a boy/girl</p> 	<p>Jigsaw Changing me Lesson 5: I understand there are different types of touch and can tell you which ones I like and don't like I am confident to say what I like and don't like and can ask for help</p> 	<p>Anti-racism education lesson 8 - myth busting To understand what a myth is challenge assumptions about people and culture</p> 	<p>Project evolve: Managing online information: Lesson 4 and lesson 5 I can explain the difference between things that are imaginary, 'made up' or 'make believe' and things that are 'true' or 'real' I can explain why some information I find online may not be real or true.</p> 	<p>Project evolve: Privacy and security I can explain how passwords can be used to protect information, accounts and devices. I can explain and give examples of what is meant by 'private' and 'keeping things private'. I can describe and explain some rules for keeping personal information private (e.g. creating and protecting passwords) I can explain how some people may have devices in their homes connected to the internet and give examples (e.g. lights, fridges, toys, televisions).</p> 	<p>Big talk education every 2 years</p>