





















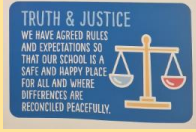
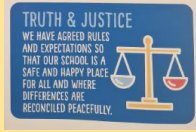
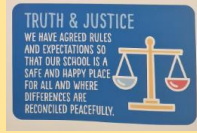
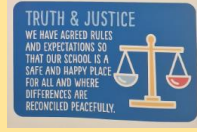





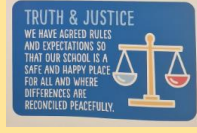


PHSE Medium term plan Year 6:







Jigsaw Lesson/ Project evolve lesson/ Anti-racism education

Autumn 1	<p>Week 1</p> <p>Jigsaw – Being me in my world lesson 1</p> <p>I can identify my goals for this year, understand my fears and worries about the future and know how to express them I feel welcome and valued and know how to make others feel the same</p> 	<p>Week 2</p> <p>Jigsaw – Being me in my world lesson 2</p> <p>I know that there are universal rights for all children but for many children these rights are not met I understand my own wants and needs and can compare these with children in different communities</p> 	<p>Week 3</p> <p>Jigsaw – Being me in my world lesson 3</p> <p>I understand that my actions affect other people locally and globally I understand my own wants and needs and can compare these with children in different communities</p> 	<p>Week 4</p> <p>Anti-racism education – Lesson 5 Unconscious bias</p> <p>Identify some of their own biases Understand that stereotypes may lead us to have conscious or unconscious bias learn how to challenge bias and avoid making assumptions based on superficial characteristics.</p> 	<p>Week 5</p> <p>Anti-racism education – Lesson 6 Being anti-racist in our actions</p> <p>Identify the kinds of jokes that are not acceptable. <ul style="list-style-type: none"> • Understand the historical and personal context that makes racist comments and jokes particularly offensive. • Children reflect on their own behaviour and how it might affect others. • Understand the appropriate response to racist language and behavior </p> 	<p>Week 6</p> <p>Anti-racism education – Lesson 7 Representation matters</p> <p>to understand the importance of positive representation and visibility in the media</p> 	<p>Additional</p> <p>Darks night assembly</p> <p>Anti-social behavior assembly</p> <p>Firework safety assembly</p>

Autumn 2	<p>Anti-racism education lesson 8 Myth busting</p> <p>To understand the impact racial myths can have To understand that each myth cannot be true</p> 	<p>Jigsaw – Celebrating differences lesson 1</p> <p>I understand there are different perceptions about what normal means I can empathise with people who are different</p> 	<p>Jigsaw – Celebrating differences lesson 2</p> <p>I understand how being different could affect someone’s life I am aware of my attitude towards people who are different to me</p> 	<p>Jigsaw – Celebrating differences lesson 3 and 4 combined</p> <p>I can explain some of the ways in which one person or a group can have power over another I know how it can feel to be excluded or treated badly by being different in some way I know some of the reasons why people use bullying behaviours I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I’m part of one</p> 	<p>Project evolve – Online bullying lesson 1</p> <p>I can describe how to capture bullying content as evidence (e.g screen-grab, URL, profile) to share with others who can help me.</p> 	<p>Project evolve – Online bullying lesson 2</p> <p>I can explain how someone would report online bullying in different contexts.</p> 	<p>School nurse puberty talk</p> <p>NSPCC Speak out video assembly (45 mins)</p> <p>-Anti-bullying week (Jigsaw lesson 3 and on-line bullying will cover this)</p> <p>-Remembrance (Super 70)</p>
----------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">Spring 1</p>	<p>Jigsaw – Dreams and goals lesson 1 and 2</p> <p>I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of- school goal) I understand why it is important to stretch the boundaries of my current learning I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these I can set success criteria so that I will know whether I have reached my goal</p> 	<p>Jigsaw – Dreams and goals lesson 3</p> <p>I can identify problems in the world that concern me and talk to other people about them I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations</p> 	<p>Jigsaw – Dreams and goals lesson 4</p> <p>I can work with other people to help make the world a better place I can identify why I am motivated to do this I can empathise with people who are suffering or who are living in difficult situations</p> 	<p>Jigsaw – Dreams and goals lesson 5</p> <p>I can describe some ways in which I can work with other people to help make the world a better place I can identify why I am motivated to do this</p> 	<p>Project evolve – Self-image and identity lesson 1</p> <p>I can identify and critically evaluate online content relating to gender, race, religion, disability, culture and other groups, and explain why it is important to challenge and reject inappropriate representations online.</p> 	<p>Project evolve – Self-image and identity lesson 2</p> <p>I can describe issues online that could make anyone feel sad, worried, uncomfortable or frightened. I know and can give examples of how to get help, both on and offline.</p> 	<p>Project evolve – Self-image and identity lesson 3</p> <p>I can explain the importance of asking until I get the help needed.</p> 
-------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Spring 2	<p>Jigsaw – Healthy me Lesson 1</p> <p>I can take responsibility for my health and make choices that benefit my health and well-being I am motivated to care for my physical and emotional health</p> 	<p>Jigsaw – Healthy me Lesson 2</p> <p>I know about different types of drugs and their uses and their effects on the body particularly the liver and heart I am motivated to find ways to be happy and cope with life's situations without using drugs</p> 	<p>Jigsaw – Healthy me Lesson 3</p> <p>I understand that some people can be exploited and made to do things that are against the law I can suggest ways that someone who is being exploited can help themselves</p> 	<p>Jigsaw – Healthy me Lesson 4</p> <p>I know why some people join gangs and the risks this involves I can suggest strategies someone could use to avoid being pressurized</p> 	<p>Jigsaw – Additional lesson plans, knife crime lesson:</p> <p>know why some people might carry knives</p> <p>make an informed decision about how to keep myself and other people safe when I am out by myself and with friends</p> 	<p>Jigsaw – Healthy me Lesson 5</p> <p>I understand what it means to be emotionally well and can explore people's attitudes towards mental health/illness I know how to help myself feel emotionally healthy and can recognise when I need help with this</p> 	<p>Jigsaw – Healthy me Lesson 6</p> <p>I can recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse I can use different strategies to manage stress and pressure</p> 
Summer 1	<p>Jigsaw – Relationships lesson 1</p> <p>I know that it is important to take care of my mental health I understand that people can get problems with their mental health and that it is nothing to be ashamed of</p> 	<p>Jigsaw – Relationships lesson 2</p> <p>I know how to take care of my mental health I can help myself and others when worried about a mental health problem</p> 	<p>Jigsaw – Relationships lesson 3</p> <p>I understand that there are different stages of grief and that there are different types of loss that cause people to grieve I can recognise when I am feeling those emotions and have strategies to manage them</p> 	<p>Jigsaw – Relationships lesson 4</p> <p>I can recognise when people are trying to gain power or control I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control</p> 	<p>Project evolve – Online relationships lesson 1 and 2</p> <p>I can explain how sharing something online may have an impact either positively or negatively I can describe how to be kind and show respect for others online including the importance of respecting boundaries regarding what is shared about them online and how to support them if others do not.</p> 	<p>Project evolve – Online relationships lesson 3 and 4</p> <p>I can describe how things shared privately online can have unintended consequences for others. e.g. screen-grabs. I can explain that taking or sharing inappropriate images of someone (e.g. embarrassing images), even if they say it is okay, may have an impact for the sharer and others; and who can help if someone is worried about this.</p> 	<p>Lifestyle survey</p>

Summer 2	<p>Jigsaw Changing me Lesson 1</p> <p>I am aware of my own self-image and how my body image fits into that I know how to develop my own self esteem</p> 	<p>Jigsaw Changing me Lesson 2</p> <p>I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally I can express how I feel about the changes that will happen to me during puberty</p> 	<p>Jigsaw Changing me Lesson 3</p> <p>I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born I can recognise how I feel when I reflect on the development and birth of a baby</p> 	<p>Jigsaw Changing me Lesson 4</p> <p>I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/ boyfriend I understand that respect for one another is essential in a boyfriend/girlfriend relationship, and that I should not feel pressured into doing something I don't want to</p> 	<p>Project evolve Online reputation lesson 1</p> <p>I can explain the ways in which anyone can develop a positive online reputation.</p> 	<p>Project evolve Online reputation lesson 2</p> <p>I can explain strategies anyone can use to protect their 'digital personality' and online reputation, including degrees of anonymity.</p> 	<p>Big talk education every 2 years</p> <p>First aid</p>
----------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------