

## Exceed Learning Partnership

### Pupil Personal Development Programme

The Personal Development Programme in Exceed Learning Partnership’s academies strives to give pupils and students the knowledge and understanding to become aware, active and responsible citizens who enact the trust’s values to **Inspire, Include**, have **Integrity** and **Exceed**.

The programme provides students of all ages from Key Stage One to Five, a wide range of opportunities to develop their understanding of themselves, others and the world around them to enable them to be confident, ambitious and articulate citizens, capable of making a positive contribution to society and their own life chances.

In addition to developing their knowledge and understanding, by completing and evidencing the challenges, pupils and students will be able to achieve the **Exceed Diploma for Personal Development**.

The **Bronze** challenges are mandatory for every pupil or student who attends an Exceed academy - this is their basic entitlement. **Silver** and **Gold** challenges can be completed in school or with greater independence, showing a higher level of self-motivation.

In addition to this, students in all academies who demonstrate significant engagement and impact through completing these challenges, can be nominated for the **Exceed Ambition Award** and attend the annual awards and recognition ceremony.

| Exceed Core Value | Key Stage One                       | Bronze  | Silver   | Gold  |
|-------------------|-------------------------------------|---|--|---|
| <b>INSPIRE</b>    | Social Moral Spiritual and Cultural | Complete a ‘random act of kindness’ by doing something nice for a friend. | Litter pick in your local environment to show your community spirit. | Join in with celebrations and festivals of all religions in school. |

|                  |                               |   |   |  |
|------------------|-------------------------------|---|---|--|
|                  | Physical and Mental Wellbeing | Take part in a hobby, club, sport or activity out of school or during school.                     | Go for a walk in the outdoors! Enjoy the fresh air and talk about how being outside makes you feel! | Plan and prepare a healthy snack or simple meal with the help of your grown up.  |
| <b>INCLUDE</b>   | Equity and Diversity          | Read a book about a character who has a different background to your own and write a book review. | Research a different area, culture or place in which it is different to the place you live.         | Write a letter with your grown up to 'send' to a pen pal from a different area! Can you talk about the place you live? |
|                  | British Values                | Learn about one aspect of Doncaster's Heritage that interests you.                                | Learn about your school's rules and how they help you to understand the Rule of Law.                | Visit a place you have researched or learnt about in RE.   |
| <b>INTEGRITY</b> | Healthy Relationships         | Help someone who is on the Buddy Bench  | Learn Lifesaving and first aid skills   | Teach a friend a life saving or first aid skill.   |
|                  | Resilience                    | Use a knife and fork correctly to cut up your food.   | Learn to make your bed and do this every day for two weeks!   | Learn to take off your bedding and re-make your bed with clean sheets.   |
| <b>EXCEED</b>    | Careers and Enterprise        | Help your parents or grown up to load the washing machine, how does it work?                      | Learn how to organise the household recycling and help to recycle.                                  | Set a budget for meals with your parents or carers and take some responsibility to buy the ingredients.                |
|                  | Creativity and Expression     | Contribute to an art or music event in or out of school.  | Create a poster or flyer about something you would like to change in school.                        | Present to your Pupil Parliament the changes you would like to make or propose a new idea.                             |

| Exceed Core Value | Key Stage Two                       | Bronze  | Silver   | Gold   |
|-------------------|-------------------------------------|---|--|--|
| <b>INSPIRE</b>    | Physical and Mental Wellbeing       | Complete a 'random act of kindness' by doing something nice for a friend or a stranger. | Take part in a hobby, club, sport or activity out of school. | Plan, prepare and cook three nutritious two course meals with supervision with the oven/ cooker. |
|                   | Wider Opportunities and experiences | To attend a school trip or engage with a careers visitor                                | To regularly attend an after school club                     | To attend overnight residential  |

|                  |                              |  |  |  |
|------------------|------------------------------|--|--|--|
| <b>INCLUDE</b>   | British Values               | Take part in an election.  | Contribute to delivering an assembly or during an assembly.                        | Join in with celebrations and festivals of all religions in school.  |
|                  | Heritage and Community       | Learn about one aspect of Doncaster's Heritage that interests you.               | Learn how to organise the household recycling and help to recycle.                 | Learn how to organise household recycling and investigate how your household could reduce waste.                                     |
| <b>INTEGRITY</b> | Healthy Relationships        | Help someone who is on the Buddy Bench   | Complete playground leader training  | Learn Lifesaving and first aid skills  |
|                  | Citizenship & Responsibility | Contribute to a fundraising event in school                                      | Learn to wash and dry the dishes or safely load and unload the dishwasher.         | Learn to use the washing machine independently by selecting the correct programme and measure the right amount of laundry detergent. |
| <b>EXCEED</b>    | Careers and Enterprise       | Take part in careers week and identify a career that you might be interested in. | To be a subject ambassador, have a school responsibility or help lead an assembly. | Set a budget for meals with your parents or carers and take some responsibility to buy the ingredients.                              |
|                  | Creativity and Expression    | Contribute to an art or music event in or out of school.                         | Complete and achieve the Arts award  | Learn an instrument in or out of school.   |