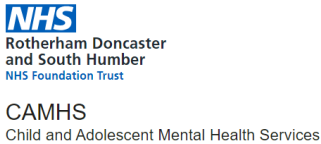



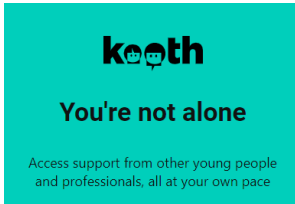










Mental Health and Wellbeing Support at Sheep Dip Lane Academy



Intent	Mental Health and Well Being Support at SDLA		
<p>At Sheep Dip Lane Academy, we place great emphasis on promoting pupil's wellbeing and offer an inclusive environment for children to thrive.</p> <p>Mrs Parkhurst is our Senior Mental Health Lead (SMHL) and SENDCo who works alongside Mr Copestick our Inclusion Manager - they work with children, families and professionals to support social and emotional mental health and wellbeing across the academy.</p> <p>We are committed to supporting the emotional health and wellbeing of our pupils and staff. We know that everyone experiences life challenges that can make us vulnerable and at times, anyone may need additional emotional support. We take the view that positive mental health is everybody's business and that we all have a role to play.</p> <p>We believe that supporting a child's wellbeing and mental health is an important part of what we do every day. We are also here to help and support the parents and carers of our children.</p> <p>We are proud of our Thrive School of Excellence status and we have also achieved the silver school mental health award in the Carnegie Centre of Excellence for Mental Health in Schools.</p>	<p><u>CAMHS</u></p> 	<p><u>With Me in Mind</u></p> 	<p><u>Open Minds Counselling</u></p> 
	<p><u>Zone 5 to 19 Doncaster Health and Wellbeing Service</u></p> 	<p><u>Kooth</u></p> 	<p><u>The Sleep Charity</u></p> 
	<p><u>Doncaster Parenting Programmes</u></p> 	<p><u>Young Minds</u></p> 	<p><u>NSPCC</u></p> 
	<p><u>Parenting Mental Health</u></p> 	<p><u>Mental Health Foundation</u></p> 	<p><u>MindEd</u></p> 